Astérisque

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*Astérisque*, tome 258 (1999), p. 129-140 <a href="http://www.numdam.org/item?id=AST\_1999\_258\_129\_0">http://www.numdam.org/item?id=AST\_1999\_258\_129\_0</a>

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## ON FREIMAN'S THEOREMS CONCERNING THE SUM OF TWO FINITE SETS OF INTEGERS

by

John Steinig

**Abstract.** — Details are provided for a proof of Freiman's theorems [1] which bound |M + N| from below, where M and N are finite subsets of  $\mathbb{Z}$ .

### 1. Introduction

If M and N are subsets of  $\mathbb{Z}$ , their sum M + N is the set

$$M + N := \{ x \in \mathbb{Z} : x = b + c, b \in M, c \in N \}.$$

If a set  $E \subset \mathbb{Z}$  is finite and non-empty, its cardinality will be denoted by |E|, and its largest and smallest element by  $\max(E)$  and  $\min(E)$ , respectively. If A is some collection of integers, say  $a_1, \ldots, a_k$ , not all zero, their greatest common divisor will be denoted by  $(a_1, \ldots, a_k)$ , or by gcd(A).

Now let M and N be finite sets of non-negative integers, such that  $0 \in M \cap N$ , say

$$M = \{b_0, \dots, b_{m-1}\} \quad \text{with} \quad b_0 = 0 \quad \text{and} \quad b_i < b_{i+1} \quad (\text{all } i) \quad (1.1)$$

and

$$N = \{c_0, \dots, c_{n-1}\} \quad \text{with} \quad c_0 = 0 \quad \text{and} \quad c_i < c_{i+1} \quad (\text{all } i).$$
(1.2)

It is easily seen that

$$|M+N| \ge |M| + |N| - 1 \tag{1.3}$$

(consider  $b_0, \ldots, b_{m-1}, b_{m-1} + c_1, \ldots, b_{m-1} + c_{n-1}$ ).

The following two theorems of Freiman's [1] give a better lower bound for |M + N|, when additional conditions are imposed on M and N.

**Theorem X.** Let M and N be finite sets of non-negative integers with  $0 \in M \cap N$ , as in (1.1) and (1.2). If

$$c_{n-1} \le b_{m-1} \le m+n-3 \tag{1.4}$$

or

$$c_{n-1} < b_{m-1} = m + n - 2, \tag{1.5}$$

**<sup>1991</sup>** Mathematics Subject Classification. — 11 B 13.

Key words and phrases. — Inverse theorems, sumsets of integers.

then

$$|M+N| \ge b_{m-1} + n \,. \tag{1.6}$$

If

$$c_{n-1} = b_{m-1} \le m + n - 3, \qquad (1.7)$$

then

$$|M+N| \ge b_{m-1} + \max(m,n).$$
(1.8)

**Theorem XI.** Let M and N be finite sets of non-negative integers with  $0 \in M \cap N$ , as in (1.1) and (1.2). If

$$\max(b_{m-1}, c_{n-1}) \ge m + n - 2 \tag{1.9}$$

and

$$(b_1, \dots, b_{m-1}, c_1, \dots, c_{n-1}) = 1,$$
 (1.10)

then

$$|M + N| \ge m + n - 3 + \min(m, n).$$
(1.11)

We remark here that if  $\min(m, n) \ge 2$ , then any sets M and N which satisfy (1.4) or (1.5) also satisfy (1.10). In fact, either of these conditions implies that gcd(M) = 1 or gcd(N) = 1. For if gcd(M) > 1, then M contains neither 1, nor any pair of consecutive positive integers; that is,  $b_{\nu} - b_{\nu-1} \ge 2$  for  $\nu = 1, \ldots, m-1$ . Hence, by summing up,  $b_{m-1} \ge 2m-2$ . Similarly,  $c_{n-1} \ge 2n-2$  if gcd(N) > 1. And these two lower bounds are incompatible if (1.4) or (1.5) holds.

Interesting applications of these two theorems to the study of sum-free sets of positive integers are given in [2] and [3].

The proof of Theorem XI in [1] is presented very succinctly, but divides the argument into many cases and is in fact quite long once the necessary details are provided. The aim of this paper is to give a detailed proof, separated into fewer cases than in [1]. As in [1], one proceeds by induction on m + n and distinguishes two situations (called here, and there, Cases (I) and (II)), essentially according to the size of  $\max(b_{m-2}, c_{n-2})$ .

Inequality (2.11) and Theorem 2.1 (below) are essential tools, here and in [1]. Case (I) requires fewer subcases here than in [1], and uses an argument which is applied again at the end of Case (II). Case (II) has been simplified by avoiding consideration of the sign of  $b_p - c_p$  (cf. [1], after (26)), and of  $m - p_1 - p_1^*$  ([1], after (29)).

For completeness, Theorem X is also proved, since it is used to prove Theorem XI. We follow [1] here, but the formulation of Theorem X given above differs from Freiman's in including (1.5) and (1.7), which in [1] are embodied in the proof of Theorem XI.

I am grateful to Felix Albrecht, who helped me by translating [1] into English.

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### 2. Preliminaries

We now introduce some more notation and three auxiliary results.

Part of the proof of Theorem XI exploits a certain symmetry between M and N and the sets

$$M^* := \{b_{m-1} - b_{\nu}\}_{\nu=0}^{m-1}, \qquad (2.1)$$

and

$$N^* := \{c_{n-1} - c_{\nu}\}_{\nu=0}^{n-1}, \qquad (2.2)$$

which we also write as

$$M^* = \{x_0, x_1, \dots, x_{m-1}\}, \quad \text{with} \quad x_{\nu} = b_{m-1} - b_{m-1-\nu}, \quad (2.3)$$

and

$$N^* = \{y_0, y_1, \dots, y_{n-1}\}, \quad \text{with} \quad y_{\nu} = c_{n-1} - c_{n-1-\nu}$$
(2.4)

 $(x_0 = 0, x_{m-1} = b_{m-1}$  and  $x_i < x_{i+1}$  for all i;  $y_0 = 0, y_{n-1} = c_{n-1}$  and  $y_i < y_{i+1}$  for all i).

The hypotheses of Theorem XI are met by  $M^*$  and  $N^*$  if they are by M and N, because

$$(b_{m-1} - b_{m-2}, \dots, b_{m-1} - b_1, b_{m-1}) = (b_1, \dots, b_{m-1}), \qquad (2.5)$$

 $|M^*| = |M|$ ,  $|N^*| = |N|$  and  $\max(x_{m-1}, y_{n-1}) = \max(b_{m-1}, c_{n-1})$ . And the theorem's conclusion holds for |M + N| if it does for  $|M^* + N^*|$ , since the two are equal.

For any r and s with  $0 \le r \le m$  and  $0 \le s \le n$ , let

$$M'_{r} := \{b_{i} \in M : i \leq r - 1\}, \ N'_{s} := \{c_{i} \in N : i \leq s - 1\},$$
(2.6)

and

$$M^*)'_r := \{x_i \in M^* : i \le r-1\}, \ (N^*)'_s := \{y_i \in N^* : i \le s-1\}$$

Theorem XI is proved by induction. Typically, one writes  $M = M'_r \cup (M \setminus M'_r)$ , then subtracts from each element of  $M \setminus M'_r$  its smallest element,  $b_r$ , in order to obtain a set with the same cardinality, which contains 0. This set is, for  $0 \le r \le m - 1$ ,

$$M_{m-r}'' := \{0, b_{r+1} - b_r, \dots, b_{m-1} - b_r\} = \{b_{\nu} - b_r\}_{\nu=r}^{m-1}, \qquad (2.7)$$

and the corresponding set for  $N \setminus N'_s$  is

$$N_{n-s}'' := \{0, c_{s+1} - c_s, \dots, c_{n-1} - c_s\} = \{c_{\nu} - c_s\}_{\nu=s}^{n-1}.$$
 (2.8)

For any r and s with  $0 \le r < m$  and  $0 \le s < n$ , we have

$$|M''_{m-r}| = m - r$$
 and  $|N''_{n-s}| = n - s$ . (2.9)

Many of the estimates involving these sets will be combined with the following elementary inequality: if  $E_1$  and  $E_2$  are subsets of the finite set E, then

$$|E| \ge |E_1| + |E_2| - |E_1 \cap E_2|.$$
(2.10)

We shall use the following form of (2.10): if  $k \leq r \leq m-1$  and  $\ell \leq s \leq n-1$ , then

$$|M+N| \ge |M'_r + N'_s| + |M''_{m-k} + N''_{n-\ell}| - |(M'_r + N'_s) \cap ((M \setminus M'_k) + (N \setminus N'_\ell))|.$$
(2.11)

To obtain (2.11), set E = M + N,  $E_1 = M'_r + N'_s$  and  $E_2 = (M \setminus M'_k) + (N \setminus N'_\ell)$ in (2.10), and observe that

$$M''_{m-k} + N''_{n-\ell} = \{x \in \mathbb{Z} : x = b_u + c_v - (b_k + c_\ell), \ k \le u \le m - 1, \ \ell \le v \le n - 1\},\$$

so that if x runs through the elements of  $M''_{m-k} + N''_{n-\ell}$ , then  $x + (b_k + c_\ell)$  runs through those of  $E_2$ ; consequently

 $|M''_{m-k} + N''_{n-\ell}| = |\{x \in \mathbb{Z} : x = b_u + c_v, \ k \le u \le m-1, \ \ell \le v \le n-1\}|.$ (2.12) From (2.10) and (2.12) we get (2.11).

The following property of the counting functions

$$B(s) := |\{b_i \in M : 1 \le b_i \le s\}|, \ C(s) := |\{c_i \in N : 1 \le c_i \le s\}|$$

$$(2.13)$$

follows from Mann's inequality ([4], Chap. I.4; [5]); we will apply it to choose the parameters in (2.11).

**Theorem 2.1.** If  $B(s) + C(s) \ge s$  for s = 1, ..., k, then  $\{0, 1, ..., k\} \subset M + N$ .

We will use the following proposition in establishing Case (II) of Theorem XI. Its proof is suggested by an argument of Freiman's ([1], p. 152). There is an arithmetical hypothesis, different from (1.10), but no condition on the size of  $\max(M \cup N)$ . The conclusion is stronger than (1.11).

**Proposition 2.2.** If M and N are finite subsets of  $\mathbb{Z}$ , such that  $0 \in M \cap N$ ,  $|M| \ge 2$ ,  $|N| \ge 2$  and  $gcd(N) \nmid gcd(M)$ , then

$$|M+N| \ge |M| + 2|N| - 2.$$
(2.14)

Proof. — Set  $d := \gcd(N)$ , and  $N_0 := N \setminus \{0\}$ . Since  $0 \in M$  and  $d \nmid \gcd(M)$ , some, but not all elements of M are divisible by d. Let  $b_r$  and  $b_s$  be the largest integers in M such that, respectively,  $b_r \equiv 0$  and  $b_s \not\equiv 0 \pmod{d}$ . Then M,  $\{b_r\} + N_0$  and  $\{b_s\} + N_0$  are pairwise disjoint subsets of M + N (for instance,  $b = b_r + c$  for some  $b \in M$  and  $c \in N_0$  would imply both  $b \equiv 0 \pmod{d}$  and  $b \ge b_r + 1$ ). This proves (2.14).

**Corollary 2.3.** Let M and N be as in (1.1) and (1.2), and such that (1.10) holds. Assume also that  $\min(m, n) \ge 3$ . Then (1.11) is true, if any one of the following conditions is satisfied:

$$gcd(M) > 1, \qquad (2.15)$$

$$gcd(M'_{m-1}) > 1$$
, (2.16)

$$gcd((M^*)'_{m-1}) > 1.$$
 (2.17)

*Proof.* — Because of (1.10),  $gcd(M) \nmid gcd(N)$  if gcd(M) > 1; and then  $|M + N| \ge m + n - 2 + \min(m, n)$ , by (2.14). Thus (1.11) follows from (1.10) and (2.15).

Now suppose that (2.16) is verified. We may assume that gcd(N) = 1, for if not, (1.11) is true (exchange M and N in Proposition 2.2 and argue as above). Then,  $gcd(M'_{m-1}) \nmid gcd(N)$  and by Proposition 2.2,

$$|M'_{m-1} + N| \ge 2(m-1) + n - 2 \ge m + n - 4 + \min(m, n).$$

This implies (1.11), since  $b_{m-1} + c_{n-1} \notin M'_{m-1} + N$ .

Finally, (1.10) and (2.5) imply that  $(x_1, \ldots, x_{m-1}, y_1, \ldots, y_{n-1}) = 1$ . The preceding arguments then show that (2.17) implies (1.11) for  $M^*$  and  $N^*$ , hence also for M and N.